



## works in Partnership with:



"We are a young people's substance misuse service for under 18's in Herefordshire. We provide harm reduction advice, support in reducing or stopping substance use and relapse prevention work if an individual has already stopped using.



B2W CIC exists to: Aid personal development for Young People & Adults; Facilitate better understanding of nature and our part in it.



NCS is a once in a lifetime journey for 15-17 year olds. Since 2010, Catch22 has worked with 28,856 young people, through our external partners and our own direct delivery services, to provide them with the opportunity to make new friends, learn new skills and make a difference in their community.



Strong Young Minds is a Big Lottery funded project designed to improve the mental health and well-being of young people in Herefordshire. It is part of the CLD Trust.



We're Herefordshire Mind, your local mental health charity. We believe no one should have to face a mental health problem alone. We're here for you, whether you're stressed, depressed or worried about someone else. We'll listen, give support, and fight your corner. For those aged 18+



We work to create a Herefordshire that is richer and more diverse in wildlife and that is valued, and cared for, by its people, to the benefit of all. We run lots of activities to engage people of all ages in learning about the wildlife.



We support Young Carers and Young Adult Carers, aged 8 to 25, who are giving help to a family member with an illness, disability or a problem with drugs or alcohol. We offer groups, one to one support, trips and outings so you can have a break from your caring responsibilities and meet others in similar situations.



Horizon Training is a vibrant organisation with large premises and facilities in Hereford offering Catering, Construction, Beauty, Sport and Customer Service for 15 - 19 year olds. We make learning fun and enjoyable and our aim is to help people work towards a brighter future.



Home-Start Herefordshire is a non profit making charity who work to support families 0-19, our volunteers often become mentors to young adults and teenagers, providing a adult who listens and supports youngsters in the changing modern world



We're Hope. We offer support to young people aged 11 and over when a close family member is diagnosed with a life-threatening illness. Our support is available right from the moment of diagnosis and for however long we're needed, whatever the outcome for the patient.



ignite empowers people to be creative & healthy through community activities and projects



formerly SHYPP;  
Citizen provides 16 – 25 year olds across Herefordshire with housing, training and employment opportunities



(Schools Advisor): If you are aged between 13-18 years old and need help and advice about your future career path, perhaps I can help? I can provide advice and information, or if you just want a casual chat about your options, then just make an appointment!



The ELY Memorial Funds provides a one-off condolence gift of up to £3,000 to help pay for a basic funeral should a family residing in Herefordshire tragically lose a son or daughter in a road traffic collision aged between 17-25, in particular but not exclusively. The charity is proactive for the public benefit of road safety campaigning.



SPHW's Youth Engagement Project is a diversionary project that aimed at supporting young people at risk of criminal exploitation, into sports or physical activity. We can help introduce young people to different sport and physical activity opportunities, whether this be taking part or helping out at a local sports club. SPHW can also contribute to some of the financial costs surrounding these activities and provide you with a mentor to talk to about your experiences in sport and physical activity.



Hereford Sixth Form College is one of the most successful sixth forms in the country and has been graded as Outstanding in all aspects of its work by Ofsted. At HSFC we have high expectations and expect you to work hard but you will find the college an enjoyable place to study, meet new friends and gain the skills and qualifications you need for the future.



Hereford Drift Trikes works with No Wrong Door to provide engaging drift trike activities for young people in Herefordshire.  
Hereford Drift Trikes sell ,service and hire out Triad professional Drift Trikes , RUSH Drift Trikes and JR Drift Trikes.



Sexual Health Services  
4 Herefordshire

We provide free and confidential sexual health services from our easily accessible new clinic. This includes information and advice on all types of contraception and STI testing and treatment. Our service is confidential, non-judgmental and for people of all ages, genders and orientations.



Talent Match Herefordshire (HVOSS) Supporting 18-24 years into work, education or training.

Talent Match also provides StepIn2 which supports to help you move forward into work, college or training. A personalised programme for 16-24 year olds. Covering job skills, life skills and boosting self-confidence.



I'm Mark O'Donnell – a Personal Trainer, Spinning instructor and Mental Health First Aid instructor. I'm all about helping people to achieve both good physical and mental health. I am passionate about helping people achieve their own well being and goals – particularly those who face barriers and challenges in their life. I am trained and experienced in working with adolescents and dealing with people with a range of health conditions.



The Herefordshire Volunteer Bureau (HVOSS) assists people who want to volunteer to find voluntary roles that interest them.



The Wellbeing Cafe is a not for profit social enterprise situated in the heart of Hereford. Our goal is to combat household food insecurity and its subsequent health inequalities, provide support to those who are suffering from mental health issues and reduce the number of people experiencing social isolation in Hereford. We're doing this through the provision of healthy, affordable food that everyone can access, educational workshops (such as cooking and arts and crafts), free daytime activities and a volunteer training program.



Contact the police by calling 999 to report emergency & 101 for a non emergency.



Marches Family Network offers inclusive social opportunities for young people with disabilities, aged 3-25 years. Parents/Carers get a chance to have some time out, knowing they are fully supported by dedicated & trained staff and volunteers. We run 2 youth clubs every week (term time), Saturday sessions and holiday programmes (currently running our 4 week summer scheme). MFN also accept volunteers aged 16 or over and paid youth workers from 17. We provide on the job training, safeguarding courses & we also pay for the DBS' (& other training opportunities). Please contact Becky for more info – [play@marchesfamilynetwork.org.uk](mailto:play@marchesfamilynetwork.org.uk) 01568 614908 [www.marchesfamilynetwork.co.uk](http://www.marchesfamilynetwork.co.uk)

Allinteractive Inclusion: works with activity providers, young disabled people and their families to increase access, choice and inclusive opportunities for young people in Herefordshire.



Mentor Link provides one to one social and emotional support to young people facing difficulties. Our aim is to provide you with an independent adult for listening support to help you improve your self- esteem and relationships.



Offering 16-18 year olds individually tailored programmes in Maths, English and Employability. We also offer enrichment for 14-16 year olds who are still at school, as well as apprenticeships for those 16 years and up.



Rural Media is a Hereford-based production company and charity producing award-winning films and digital arts projects. We have a reputation, locally and nationally, for telling powerful stories from unheard voices and nurturing creative talent. As a charity we create issue-driven films, heritage and digital arts projects that raise awareness, influence change and celebrate rural life. As a production company we make everything from music videos to commercial virals, from broadcast television to corporate films and we work with the likes of the BBC, BFI, Channel 4 and many more."



We support children, young people (up to the age of 21) and their families when someone close to them dies.

YSS is a regional charity, spanning the four West Mercia local authorities; Worcestershire, Shropshire, Herefordshire, Telford & Wrekin. In Herefordshire, YSS provides these services: Appropriate Adult; ARC and Divert projects: provide one to one support to 13-24 year olds who are in, or at risk of being involved in, the Criminal Justice System; ESS is aimed at supporting and helping individuals who have indicated they want to stop offending; and Remember Veterans and the new project: #MORSE which will work with adults with a driving offence.

**Other NWD partners:**



- Keys Child Care - Children's Home for looked after children
- Hereford FC
- Herefordshire Council
- Hereford College of Arts
- Leominster Town Council
- On Your Beach
- Prince's Trust
- The Cracked Slipper
- Further Beyond
- Royal National College for the Blind RNC
- Fairfield High School
- The Hub at Peterchurch

