



No Wrong Door partner circular.

4th June 2020

Issue No 9 during the Corona Virus lockdown

Now with 44 partner agencies signed up to a data sharing protocol and a collaborative way of working to support young people in Herefordshire



Is the Lockdown nearly over. In anticipation of this I have been working from the NWD offices this week to explore ways of safe working and opening up on limited basis and in line with when the high schools start back.

At least our NWD fish seemed happy to see me and enjoyed having fish flakes rather than the fortnight holiday blocks they have been living off for the past 8 weeks.

This week our Herefordshire Youth Reps group delivered a presentation **What are the main issues affecting young people because of Covid 19** where Chris Baird - Director Children and Families was an invited guest

Key issues of young people:

- They feel **forgotten** – young people have been **separated** from services, physical social networks, school, youth clubs and community groups
- They're **anxious** – what will happen to them, their loved ones, the world?
- Domestic **violence risk** with personal space gone in families that are breaking down
- They're **lonely** isolated
- Their pathways to jobs and further education are either *confused*, **unexplained** or **gone**
- They've **lost jobs**
- They're **bored** – there are much fewer positive things easily to do



A message to Youth Services working in Herefordshire

- *We want young people to have the kind of support they need, delivered by youth services who care.*
- *We would like the youth services to understand our needs.*

Prevention is better than cure! –

Youth services must be prepared to respond to the aftermath of the lockdown suggesting that:

- Safe spaces and needed for young people to access support services that listen and care
- Support needed for vulnerable groups
- Consider new ways of working – All youth services should work together
- Mechanism for Young People are needed to enable them to take part in decision-making and help implement change
- Stimulate and Harness “Synergy”

Youth Services Need to Respond to Inequality

- We Need to Outline Any Inequalities to be Able to Promote Justice and Bring About Change

Youth services must also be prepared to respond to the aftermath of the lockdown

- Many Young People will need support before lockdown ends
- Some Young People are not ready to come out
- Concerns of more C&YP becoming reclusive and will need time for adjustment
- Immediate response will be needed - No waiting lists - Mental health does not wait for a convenient moment
- Services will need to provide someone to talk to who will listen to concerns, insights and challenges



HYReps PPP effects
of Covid 19.pptx

Open here for the full Power Point Presentation

Partner Updates

- **We are with You**
- **Solutions for health**
- **Leominster Town Council**

Resources & Local updates

Yes Futures are LAUNCHING TODAY their POSITIVITY CALENDAR

As part of thier collection of Home Grown Skills they are offering [free resources](#), our Positivity Calendar which starter this month!

Each week you can look at a key skill that a young person can develop to help them live a more positive, fulfilled life. Week one is all about developing **confidence**.

No Wrong Door Workforce Development:

Snippets for Confidence Building:

Whilst there are some aspects of confidence that you don't have any control over, a huge part of developing confidence is the choices you make, the risks you take, and how you respond to challenges and setbacks.

“Man often becomes what he believes himself to be. If I keep on saying to myself that I cannot do a certain thing, it is possible that I may end by really becoming incapable of doing it. On the contrary, if I have the belief that I can do it, I shall surely acquire the capacity to do it even if I may not have it at the beginning.” – Mahatma Gandhi

Another way of building confidence is to believe that your abilities can improve. Avoid thinking that your talents and abilities in a particular area, for example football, are fixed and cannot change. This is called a fixed mindset. Instead, believe that with practice and hard work, your abilities can improve. This is called a growth mindset. There is scientific evidence for this. Practice and study help the connections in your brain become stronger over time.

A final way of building confidence is practising failure. You will fail at some point. J.K. Rowling was rejected by 12 publishers before somebody finally decided to publish the Harry Potter books. Rather than getting upset or angry at failure, try to respond constructively. Look for strategies for success and ask people for their advice in how to succeed. Accept that you will make mistakes and be kind to yourself when you do.

Kind regards, Keep safe and Well

Will

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