

FEB '18 HALF TERM Programme

NO WRONG DOOR

FOR YOUNG PEOPLE

AN hvoss PROJECT

Open to all Young People in Herefordshire aged 11–25 for Drop in (someone to talk to) and positive activities.
*Some activities are for specific groups only.

Funded by
John Campion
Police and Crime Commissioner
West Mercia

Monday 19th	<p>General Drop in between 9.30am and 4.30pm</p> <p>Morning: Drug & Alcohol Awareness</p> <p>2–4pm: 'Plastic Band session' (making and playing musical instruments out of recycled stuff) with Music Pool</p>	 
Tuesday 20th	<p>General Drop in between 9.30am and 4.30pm</p> <p>10am–1pm Employment Advice Drop in with DWP</p> <p>2–3.30pm: Housing and Homelessness Awareness</p> <p>2.15pm NWD 18+ Space (open to 18+ yr olds)*</p>	  
Wednesday 21st	<p>General Drop in between 9.30am and 4.30pm</p> <p>10am–12pm Emotional First Aid Workshop with Strong Young Minds</p> <p>2–4pm: Street Games and Drift Trikes</p>	  
Thursday 22nd	<p>General Drop in between 9.30am and 4.30pm</p> <p>Morning: Family Crisis and Bereavement</p> <p>2–4pm: Tea, Toastie and Chat</p>	 
Friday 23rd	<p>General Drop in between 9.30am and 4.30pm</p> <p>Morning: Wellbeing and Relationships Awareness</p> <p>2–4pm: Activity to be confirmed</p> <p>Youth Worker clinic providing support and advice to those working with young people</p>	

Appointments can be booked with Addaction, ARC & Divert, Hope Support Services, Herefordshire Council Community Cohesion, Schools Advisor with DWP and National Citizenship Service NCS (Catch 22), Volunteer Bureau and more ... at NWD.

Turn over for details of partners...

NWD is an informal meeting space for professionals and young people

Get in contact:

Phone: 01432 277562

E-mail: nwd@hvoss.org.uk

Visit us at Unit 2, Blackfriars Street, Hereford, HR4 9HS



NWD HVoss

Partner Agencies



P16 14 to 19 - Learning Support Team - Providing support for young people into education, employment or training

addaction

Young addaction - Providing Friendly, free and confidential drug and alcohol support for young people. Whether you want to make changes, gain harm reduction advice, worried about someone you know, or just curious to learn some more, we are here to help

ARC & Divert: friendly confidential support and advice for 13-16 & 16-24 year olds.



Courtyard Theatre - Volunteering opportunities and events throughout the year.

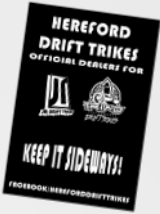


Hereford Drift Trikes - Get involved in the new Global sport

Herefordshire Council Community Cohesion - Offers support and advice helping Young People become more involved in making their own communities safer, while recognising that different areas of the county have different issues and concerns



Healthy Lifestyle Trainer Service - "Taking small steps to feel good about yourself". Confidential support to: Lose weight and eat more healthily. Get fitter, Cut down on alcohol, stop smoking.



Participation Team - get your voices heard within Herefordshire Council and beyond! Get involved! #youthvoice



Herefordshire Health Partnership- Providing contraception, and free confidential advice. Not only about sex, contraceptives, sexual health and pregnancy, but also if you need to talk to someone about making the first step



Herefordshire Mind Providing advice and support to anyone experiencing a mental health problem. We're here if you need us.



Herefordshire & Ludlow College—County Training - Work based study programme for year 12s



Hope Support Service- Supporting Young People when a close family member is diagnosed with a life-threatening illness. * *Hope Support Services' Y-Team meet at NWD on a monthly basis.*



HVOSS Volunteer Bureau If you want to do something in your spare time to gain experience, build your CV, to make new friends or for your Duke of Edinburgh Award, we will help you search for something suitable for you.



Ignite - Provide exciting creative and healthy leisure activities and projects

Music Pool - Creating and providing opportunities for - Music for life Music for all.



National Citizenship Service NCS (Catch 22) - Gives 15 to 17 year olds exhilarating challenges to make your mark and build skills for work and life.

Talent Match - Provides support and guidance to young people, aged 18-24, who are unemployed, not in education or in training.



Robert Owen Academy Offer 14 to 19 year olds a range of traditional and vocational qualifications, professional, dedicated and caring staff will help you achieve your goals. **NWD provides a break and lunchtime drop in to Robert Owen Academy.*



Strong Young Minds - CLD TRUST—Well Being Ambassadors - Providing a range of talking therapies, eg, Counselling/CBT/DBT, for young people including aged 10 and over to address issues such as stress, anxiety and depression and improve their emotional health and wellbeing. **Strong Young Minds Champions use NWD space to meet fortnightly.*

SHYPP - works with young people, aged 16-25, who are homeless or at risk of homelessness, SHYPP provides accommodation and support



WMWA exists to support women and children affected by domestic abuse, working with victims of domestic abuse.

Youth Action Group - NWD Young Peoples Representational Group from partner agencies to make a positive difference to the lives of Young People in Herefordshire